

2018 E&E Waste Hell of the West Weekend Timetable

Document subject to change at HOTW Committee discretion - Latest version updated 1/10/17

GTH+ Super Saturday 3rd February 2018

- 7.30am GTH+ Super Saturday Opens (first race begins at 8.00am) – more information to follow in coming weeks
- 2.00pm Race registration (for Sunday HOTW) commences at 'The Sundial Goondiwindi Events Centre' 13 Moffatt Street - *just 50m from bike transition* (Clydesdale Weigh In to occur at point of registration)
- 5.30pm **COMPULSORY HOTW RACE BRIEFING** in the Town Park

E&E Waste Hell of the West Triathlon Sunday 4th February 2018

- 3.30am Bike compound opens EASTERN end only. Officials will conduct visual inspection
- 4-5.30am Town Pool Opens for Competitors (Re-opens at 8am-12 noon free of charge for competitors and public)
- 4.30am Transition Closes. Competitors make way to Town Boat Ramp.

Swim Start Times

- 5.00am First Wave: Open Male & Female
- 5.05am Second Wave: 18 to 39 Males
- 5.10am Third Wave: Females
- 5.15am Fourth Wave: 40 to 70+ Males
- 5.15am Fifth Wave: Teams

SWIM FINISH

- 5.25am First Swimmer passes through transition
- 6.30am Last Swimmer passes through transition

CYCLE FINISH

- 7.25am Leading Cyclist completes cycling leg
- 9.40am Last Competitor completes cycle course

RACE FINISH

- 8.40am Winning Male crosses the line
- 9.10am Winning Female crosses the line
- 12 Noon Presentation and Random Draws Begin

- To receive random draw prizes at presentation please make sure you put your race bib in the barrel near the exit of the recovery tent after your race
- Remember: You must be present for any prize you receive. No prize money or prizes will be posted out.
- Please note: Prize money is only available to first place of the category you are racing.

Cut off times

Progress cut off times of, 1hr swim, 3.5hrs cycle, 2.5hrs run will apply & competitors will only be allowed to continue if the relevant doctor/official believes he or she can do so without injury or disruption to race proceedings, such as presentations or pack up.